



## Two Marines come to the rescue at traffic accident

By JUDY R. LAZARUS  
Bulletin Associate Editor

Marine staff sergeants Eric Knox, of Fayetteville, N.C., and Jason Daniels, of Channahon, Ill., were at the right place at the right time when a semi collided with an ambulance on Buckley Road last week. They assisted a paramedic and a patient who were trapped in the ambulance which rolled over and was filling up with smoke caused by the air bags.

The Marines, assigned to Marine Air Control Group (MACG) 48, were sitting at a red light, heading east on Buckley Road, when the ambulance, which had stopped at an intersection, waited for the traffic to clear and headed across to the southbound side. The truck was in the right lane heading south.

When the ambulance was hit it rolled over and landed on the passenger side. Knox and Daniels were out of their car before the ambulance stopped moving.

"We were trying to get the rear door open but couldn't," said maintenance management chief Knox.

Daniels, a communications specialist at MACG-48, kicked in the bottom part of the window. "That helped clear the smoke," he

said. "The patient was trying to open the door and was screaming 'let me out.' When I saw her hand on the window I was really scared. It was unreal."

He crawled in through the window trying to calm the woman. "Luckily she was O.K.," he said. "She had a small cut on her left leg but that was all."

One paramedic had crawled out of the ambulance and was somewhat dazed; the other was in the vehicle but not injured.

"The semi driver was O.K. but pretty shaken up," said Knox.

Not many drivers stopped when the accident occurred, the Marines noted. "Two ladies did get out of their cars and were cheering us on," Knox recalled with a smile.

The Marines didn't leave until the police showed up and the patient was on the stretcher. They agreed that the North Chicago police and fire departments arrived quickly.

"We were just helping out," Daniels said. "To us it was just a reaction," Knox added.



Staff sergeants Eric Knox, left, and Jason Daniels said they were just at the right place at the right time to assist during a recent traffic accident. Photo by Judy R. Lazarus

## Campa selected to be next MCPON

SPECIAL RELEASE FROM  
THE NAVY OFFICE OF INFORMATION

WASHINGTON (NNS) — Chief of Naval Operations Adm. Mike Mullen announced June 16 that he has selected Master Chief Petty Officer (SW/FMF) Joe Campa to succeed Master Chief Petty Officer of the Navy (MCPON) (SS/AW) Terry D. Scott.

Campa currently serves as the Command Master Chief for Joint Task Force Guantanamo Bay, Cuba.

"Master Chief Campa follows a legacy of tremendous service by MCPON Terry Scott," said Mullen. "Master Chief Campa has the Fleet and Fleet Marine Force experience to represent our Sailors not only standing watch at sea and ashore, but also serving in non-traditional missions across the globe. I am looking forward to working with him as we continue to address the important issues facing our Sailors and their families."

A native of Lynwood, Calif., Campa enlisted in the Navy June 2, 1980, and completed Recruit Training and Hospital Corps "A" School in San Diego.

See **MCPON** page 3

## Award-winning CMC appreciates support

By JUDY R. LAZARUS  
Bulletin Associate Editor

"It's not me. It's the Sailors who work for me who make me look good," said CMDCM(AW/SW) April D. Beldo. "I love my job."

The command master chief of Recruit Training Command recently received a National Women of Color (NWOC) Technology Award to be presented at the 11th annual NWOC conference in October.

The venue was founded to address the

under-representation of minority women in technology and in the many areas of business where technology is making a tremendous impact.

Beldo expressed appreciation for the support provided by other senior enlisted personnel, the RTC commanding officer, and executive officer, and Rear Adm. Gary Jones, commanding officer, Naval Service Training Command, Navy Region Midwest. "They were all very gracious in acknowledging me," she noted. "Even being asked is very motivating."

"My job gives me a great opportunity to make sure that the people who work for me have everything they need," said the command master chief, who pushed divisions in January and took over as command master chief in April. She is the first woman and the first African-American to hold that position.

"We're all Sailors," Beldo said. "I hope I've paved the way for other Sailors."

"It's important to stay focused, and sometimes sacrifice a little," she said,

See **BELDO** page 2



CMDCM(AW/SW) April Beldo credits her shipmates with helping her get the job done. Photo by FC2 Jason Mosher

### Index

|                   |   |
|-------------------|---|
| At the Review     | 5 |
| Viewpoint         | 6 |
| Movies and More   | 7 |
| Chaplain's Corner | 8 |
| Sports            | 9 |

**Now hear this!**  
**CNO to visit Great Lakes and host three All-Hands sessions. See page 2 for help in developing relevant questions.**

### 'New Leadership course'

Required of all CPO selectees

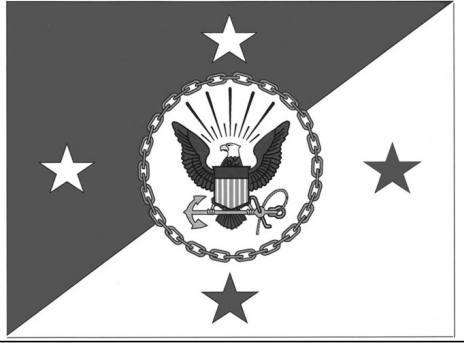
SEE PAGE 11

### Find out what's happening at Great Lakes!

Visit the Great Lakes official websites at [www.nsgreatlakes.navy.mil](http://www.nsgreatlakes.navy.mil) and [www.nstc.navy.mil](http://www.nstc.navy.mil)



# CNO to hold three all-hands sessions at



Chief of Naval Operations (CNO) Adm. Mike Mullen will visit Naval Station Great Lakes on July 7. He will hold three All Hands sessions while he is here providing Great Lakes Sailors the opportunity to ask the CNO a question.

What kinds of questions are appropriate for the Navy's senior uniformed leader? Ask a "Big Navy" question, one at the strategic level of naval operations — things that are important to the Navy as a whole. (See *Maritime Strategy* story on this page, ed.)

If you have a question that can be answered by local leadership, ask your chain of command now instead of waiting until a senior leader, like CNO comes.

To find out what "big Navy" things are and what ADM Mullen is talking and writing about as he fulfills his CNO duties, visit any of the Web sites below, do a little homework, and write out your question based on one of the current issues. This will enable you to be prepared for the opportunity to ask CNO a question.

Times and locations for All Hands sessions will be announced through your chain of command. If you need help, use your chain of command to contact your LPO, your chief, or division officer, or CMC, as appropriate.

- CNO main page:  
[www.navy.mil/palib/cno/index.html](http://www.navy.mil/palib/cno/index.html)
- CNO Speeches:  
[www.news.navy.mil/navydata/leadership/mist.asp?x=S](http://www.news.navy.mil/navydata/leadership/mist.asp?x=S)
- Congressional Testimony:  
[www.news.navy.mil/navydata/leadership/m](http://www.news.navy.mil/navydata/leadership/m)



ATT students participate in new low impact exercises as part of a new PT program on Ross Field. Photo by Matt Mogle

## ATT students participate in new physical training program

By EVA KOWALSKI  
Training Support Center

In line with the Navy's new culture of fitness, which aims to heighten standards and promote healthier choices, more than 600 students in the Apprentice Technical Training (ATT) course at Center for Surface Combat Systems (CSCS) Learning Site, Great Lakes have started a new physical training (PT) program early June that was launched at Recruit Training Command (RTC) more than a year ago.

The program, which focuses on strength and conditioning, means that students no longer have to worry about being in step or doing pushups in unison because the focus is on the individual, not the group, taking into account varying endurance and fitness levels across the board.

"It's a different style and it's a different mentality. You see they're not in step, they're not calling cadence, it's based on their individual efforts," said FCC

See PRT page 12

## CNO calls for new maritime strategy

From CHIEF OF NAVAL  
OPERATIONS PUBLIC AFFAIRS

NEWPORT, R.I. (NNS) — Chief of Naval Operations (CNO) Adm. Mike Mullen called June 14 for the development of a new maritime strategy to guide the Navy through the challenges of globalization and the war on terrorism.

Hailing the Navy's Cold War maritime strategy as necessary for its time, Mullen stressed that the world has changed greatly since the collapse of the Berlin Wall and that new challenges brought on by globalization required the Navy to adapt its thinking.

"Today's uncertainty and today's threats are of an entirely unique sort, caused and perpetuated by new challenges, challenges brought on...by the collapse of that wall and the unstoppable, unrelenting pace of globalization," said Mullen. "We therefore need a new maritime strategy for this era and for this war - for our time and the incredible and growing challenges that we face."

The CNO made his remarks at the Current Strategy Forum in Newport, R.I. Held annually at the Naval War College, the Current Strategy Forum provides a forum for the open exchange of viewpoints from both military and civilian leaders on important national issues. This year's theme was "The Changing Nature of National Influence in the 21st Century: Implications for the Navy."

Three major effects of globalization are driving the need for a new maritime strategy, Mullen told attendees.

"The first is the undeniable expansion of interdependent world markets and economies on a truly global scale that binds nations, corporations and peoples together," he said. "We are all connected now. We trade with our enduring allies, just as we do with nations for whom our friendship is still burgeoning."

With most governments deriving their legitimacy from economic stability and with most of the world's goods still traveling over oceanic routes, Mullen argued, navies and maritime security will remain vital.

"It is not by happenstance," he reminded the audience, "that our vision for the Navy includes the need to keep sea lanes open and free."

The second great effect of globalization, Mullen said, is a "race for energy" that compounds and complicates the natural friction evident in market-based economies.

"I don't mean to suggest here that a world war for oil looms on the horizon," he said, "but we would be foolhardy not to factor into our planning the impact that energy competition and the future state of energy sources have, and will have, on our security."

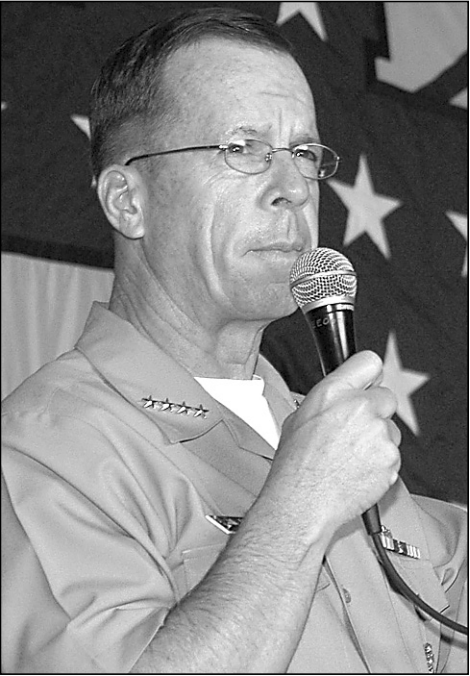
Globalization has also promoted the rapid and unfettered spread of ideology, Mullen warned, making easier than ever before the proliferation of ideas, values and cultural norms "that can - and sometimes do - promote conflict."

"Globalization, with all its benefits, has empowered what some have called fourth-generation enemies - terrorists, proliferators of WMD and other weapons, organized criminals, smugglers, drug traffickers and pirates," he said.

Mullen said the elements of the new maritime strategy must be founded on the belief that the United States is a maritime nation and that there are three enduring strengths of naval forces: to influence, to anticipate and flexibly respond, and to build friends and partners.

"Where the old Maritime Strategy focused on sea control, the new one must recognize that the economic tide of all nations rises, not when the seas are controlled by one, but rather when they are

See CNO page 13



Adm. Mike Mullen, CNO

## Great Lakes Bulletin

The Bulletin is a copyrighted publication.

Rear Adm. Gary R. Jones .....Commander  
Capt. R.J. Postera .....Commanding Officer  
Lt. Cmdr. Melissa Schuermann .....Public Affairs Officer  
Paul Engstrom .....Managing Editor

The *Great Lakes Bulletin* is published every Friday by Lakeland Newspapers, 30 S. Whitney St., Grayslake, IL 60030, in the interest of military and civilian personnel aboard Naval Station, Great Lakes.

Editorial and news content is prepared by the Public Affairs Office, 2601A Paul Jones St., Great Lakes, IL 60088-2845. All news releases should be sent to the *Great Lakes Bulletin* at this address. Telephone (847) 688-2201/4808.

Opinions expressed herein do not necessarily represent those of the United States Navy nor officials of Naval Station, Great Lakes. Deadline for submission of copy to *Great Lakes Bulletin* is 4 p.m. on Monday the week of publication.

The appearance of advertising in this newspaper, including inserts or supplements, does not constitute endorsement by the Department of Defense or the U.S. Navy.

All commercial advertising is arranged at the office of the publisher, Lakeland Newspapers, 30 S. Whitney, Grayslake, IL 60030 (847) 223-8161. The *Great Lakes Bulletin* has a circulation of 14,000. Subscription information is also available from the publisher.

Everything advertised in this publication shall be available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchase, user or patron.

If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the publisher will refuse to print advertising from that source until the violation is corrected.

## BELDO

(Continued from page 1)

adding that since she is single without children she can go anywhere at any time.

Beldo's Navy career began at boot camp in Orlando in May 1983. She had been considering the Air Force but was told she would have to wait a year - there weren't many openings for women at the time.

A Navy recruiter was nearby and said "he could get me out of there in two weeks," she recalled. Beldo took him up on it. Her mother didn't really believe she had enlisted until she was ready to go.

"I was adventurous. I liked trying some-

thing new," said the Lancaster, Calif. native. "The Navy provides a great opportunity to go places and see things. And I have always been surrounded by outstanding Sailors who help get the job done, and bosses who have recognized my efforts and who allow me to do the job I need to do."

Beldo said she has a staff of 1,200 at RTC and there are eight master chiefs, including herself.

"We are all part of a team. Everyone assists me. I couldn't do this by myself."



# Galley 535 kicks off summer

By **JIM BOYLAN**  
Bulletin Associate Editor

Goodwill Great Lakes and Galley 535 hosted its second annual "Take Me Out to the Ball Game" last Wednesday. The event opened the singing of the "Star Spangled Banner" by Zandra Genous.

Captain Richard Postera, commanding officer, Naval Station Great Lakes, threw out the first pitch to ET Norman Cunanan. Also on hand were the Milwaukee Brewers, Racing Sausages. MWR provided the stage, music, sound system and the inflatable sports arena.

Over 778 Sailors from TSC took part in the event and had a great time.

"It is great to see teamwork involved in pulling off an event that supports the quality of life for our Sailors. It is obvious that the Sailors were enjoying the food, festivities and warm weather. Our galley staff love hosting these special events and really have fun with the baseball theme," said Postera.

Kim Herrera, marketing coordinator,

Goodwill Great Lakes, noted that these customer service events gives a little extra to the Sailors and lets them get away and gives them a chance to unwind and enjoy themselves.

Ron Fry, Navy Region Midwest business manager and director, galley and uniform issue said, "The Food Service Operation is always looking for ways to give back to the Sailors. 'Take Me Out to the Ballgame' is a terrific event to kick off the summer season on the Galley 535 patio. It is a partnership that makes this event successful.

"It takes a lot of people to put it together, including the Navy, Goodwill, Reinhart and MWR. We are pleased to see the Sailors enjoying themselves and participating in this customer service event."

Other events scheduled at Galley 535 will be "State Fair" at the end of August. A pumpkin carving contest is planned in October with the winning pumpkins on display on the steps of Bldg. 1 at Halloween. A Super Bowl Tailgate party is slated in January.



Capt. Richard Postera (right), commanding officer, Naval Station Great Lakes, throws out the first pitch to ET Norman Cunanan to officially begin the second annual "Take Me Out to the Ball Game" festivities at Galley 535. Photo by FC2(SW) Jason Mosher

## DOD changes bring help to domestic violence victims

By **BETH WIRUTH**  
Bulletin Contributor

Domestic Violence, the facts: One out of three women around the world has been beaten, coerced into sex or otherwise abused during her lifetime. Four million American women experience a serious assault by a partner during an average 12-month period. Some estimates say close to one million incidents of violence occur against a current or former spouse, boyfriend or girlfriend per year.

Domestic violence can be defined as a pattern of behavior in any relationship that is used to gain or maintain power and control over an intimate partner. Abuse can be physical, sexual, emotional, economic or psychological actions or threats of actions that influence another person. This includes any behaviors that frighten, intimidate, terrorize, manipulate, hurt, humiliate, blame, injure or wound someone. And it can happen to anyone, any sex (female upon male violence is on the rise), race, age, or sexual orientation regardless of

socio-economic background or education. It can happen to couples who are married, living together or who are dating.

As military spouses we are not immune. Statistics reflect a rise in the reported cases of domestic violence among all branches of the military. And the Department of Defense is responding. Each military installation has a FAP (Family Advocacy Program) or CAP (Counseling, Advocacy & Prevention) program. This program provides trained/certified counselors to provide resources, support, counseling and education for victims and their abusers.

There is real help for you!

How do you know if you are abused? Does your partner: Embarrass you with put-downs? Look at you or act in ways that scare you? Control what you do, who you see or talk to or where you go? Stop you from seeing your friends or family members? Take your money or paycheck, make you ask for money or refuse to give you money? Make all of the decisions? Tell you that you're a bad parent or threaten to take away or hurt your children? Prevent you from working or attending school? Act like the abuse is no big deal, it's your fault, or denies doing it? Destroy your property or threaten to kill your pets? Intimidate you with guns, knives or other weapons? Shove you, slap you, choke you, or hit you? Force you to try and drop charges? Threaten to commit suicide? Threaten to kill you? For mili-

tary spouses — have you been threatened not to let the command know? If you can answer yes to even one of these questions you may be in an abusive relationship.

There is help, information and resources available to help you. First, if you are being abused know that it is not your fault! Second, there are many organizations standing ready to assist you with developing a safety plan. The DoD has recently changed their policy of reporting so that you can now access their resources and enlist their help without your service member's command or local law enforcement being notified. That's right! You can now receive medical assistance, counseling and support from your base support office in privacy. This is called a "restricted report."

This change is made by the DOD in the interest of victims. This offers victims the opportunity to access support and resources right on your base, with experts who understand military life, without requiring a report to your command or local law enforcement.

If you or someone you know is in an abusive relationship, please contact the local FAP/CAPS office for support, assistance and care. These services at Great Lakes are available at the Fleet and Family Support Center, Bldg. 42. The phone number is (847) 688-3603, ext. 100. Working together we can stop the violence and abuse.

## MCPON

(Continued from page 1)

His duty assignments include service aboard the San Diego-based USS Ogden (LPD 5); Naval Medical Center, San Diego; 7th Marine Regiment, 1st Marine Division, Camp Pendleton, Calif.; Naval Hospital Long Beach, Calif.; 3rd Force Service Support Group, Fleet Marine Force, Okinawa, Japan; Naval Hospital Bremerton, Wash.; 1st Force Service Support Group during the Persian Gulf War; USS Comstock (LSD 45), based in San Diego; and Naval Training Center Great Lakes, Ill.

Campa was selected to the Command Master Chief (CMC) program in May 1999. His first CMC tour was aboard USS Curtis Wilbur (DDG 54) in Yokosuka, Japan. During his tour, the ship deployed to the North Arabian Sea in support of Operation Enduring Freedom.

He subsequently served as the command master chief of Guam-based USS Frank Cable (AS 40).

Campa is a distinguished honor graduate of the U.S. Navy Senior Enlisted Academy, a graduate of the U.S. Army Sergeants Major Academy and has completed the Army Command Sergeants Major course, and has a Bachelor of Science Degree from Excelsior College.

In March, he graduated from the Naval War College with a Master of Arts degree in National Security and Strategic Studies.

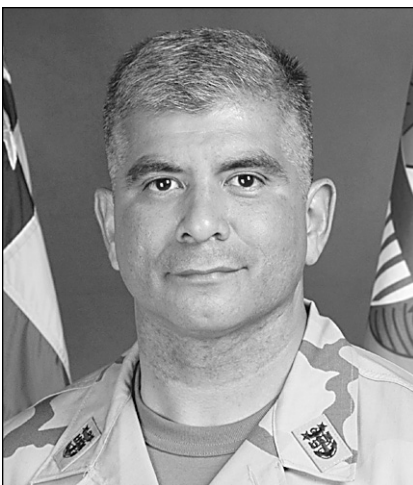
"The greatest thing about the Navy is that it gives everyone who enlists to serve our country a chance," said Campa after learning of his selection. "No matter where we come from before we put on the uniform, our Navy gives us all the same chance for success. I am proud to serve in an orga-

nization that gives us all opportunities for world-class, state-of-the-art training, an education, help with a direction in life, and service with honor.

"Because of the chance the Navy gives us all to succeed, we're only limited by our individual willingness to work hard and our own desires," he added. "I am eternally grateful for the opportunity the Navy gave to me when I first raised my right hand, and how the Navy continued to provide opportunities for success and growth, personally and professionally, throughout my career."

"There is no way I would be in this position without the help of my shipmates and my friends, and my family. I am humbled beyond words for the opportunity and responsibility I now have been given to serve in this role as MCPON, and I am determined to make sure our Navy continues to offer such opportunities to the best people our country has to offer," Campa said. "To me, that is the best way I can repay in some small way the help, encouragement and faith all the people who have touched my life have given me."

As the Navy's senior enlisted sailor, the MCPON serves as an advisor to the Chief of Naval Operations and to the Chief of Naval Personnel in matters dealing with enlisted personnel and their families. The MCPON also is an advisor to the many boards dealing with enlisted personnel issues; is the enlisted representative of the Department of the Navy at special events; may be called upon to testify on enlisted personnel issues before Congress; and maintains a liaison with enlisted spouse organizations.



Master Chief Petty Officer (SW/FMF) Joe R. Campa Jr.



### Get your motor runnin'

HMC Scott McHale (right front) leads the first group outing of the Great Lakes Motorcycle Mentor Club last Saturday. McHale said that nine riders, with experience between two months and 28 years, rode about 100 miles. The club promotes safe riding skills and two-wheel adventure. If you would like info on the club, e-mail McHale at samchale@nhcs.med.navy.mil. Photo courtesy of NAVSTA safety office.



# Navy credential opportunities Web site launched

By **JIM BOYLAN**  
Bulletin Associate Editor

The Navy Credentialing Opportunities On Line (Navy COOL) Web site has officially launched and is one of the five flagship programs comprising the Navy's Sea Warrior Delivery initiative.

The program will support the personal and professional readiness of the Navy workforce in meeting the challenges of Sea Power 21 global commitments and will define civilian credentials that best map a Sailor's rating and training, and the paths to achieve them.

Navy COOL will provide enlisted Sailors a Web-based hub that will catalog and define comprehensive information on occupational credentials—including certifications, qualifications, licenses, apprenticeships, and growth opportunities—that correlate with every Navy rating, job, and occupation. The site will note who is qualified for which credential; how to achieve

credentials; and how to use already approved funds in Tuition Assistance, DANTES (Defense Activity for Non-Traditional Education Support), and Montgomery GI Bill; as well as which college field of study pertains to a particular credential.

"Great Lakes area personnel can benefit from Navy COOL by using it to get information on credentialing and certification opportunities and process," said NCCM(SW/AW) Lisa Mattson, Command Career Counselor, NSTC/NRMW.

The Navy COOL will be delivered in two phases. The Phase One launch contains information for every Sailor to assist in furthering their career goals through pursuit of occupational credentials. Phase Two, already underway, is a more in-depth

comparison of every rating's job task analysis with thousands of available occupational credentials to determine which credentials most closely align to Navy work. It is from this analysis that learning centers will choose the credentials that will be displayed on the 5VM and identify which ones the Navy will pay for.

The program will also identify and outline payment options for certifications, qualifications, licenses, apprenticeships and growth opportunities. To ensure maximum workforce benefit, the initial effort is concentrated on the enlisted labor force and will be finalized by December 2007.

Credentialing information specific to Naval officers and civilians will be added to Navy COOL in the future.

"It can be especially valuable to personnel who may be working out of rate while at Great Lakes as it provides opportunity to research based on job and occupation in addition to rating. Credentials and certifications are great additions to any resume, civilian or military, and will increase upward mobility potential for those staying in the Navy and increase job opportunities for those exiting the service," Mattson noted.

"Students will benefit because Navy COOL presents a variety of credentialing and certification opportunities for each rating, job or occupation and students will be able to better manage their career paths based on their individual interests and future goals," she said.

To contact the Navy Credentials Program office send an e-mail to [crry\\_cqcredentials@navy.mil](mailto:crry_cqcredentials@navy.mil). For more information on Navy COOL and COOL to GO, point your browser to <https://www.cool.navy.mil>.



# USS Dolphin leaders sponsor recruit division

By **JUDY R. LAZARUS**  
Bulletin Associate Editor

Recruit Division 239 received a visit from the commanding officer, chief of the boat and 3M maintenance coordinator of its sponsor, USS Dolphin (AGSS-555). Cmdr. Andrew C. Wilde, MTCM(SS) Joseph M. Eller and MMCM(SS) Paul A. Julson spent two days touring Recruit Training Command's ships, Battle Stations, Freedom Hall, and attended the recruit graduation where Wilde served as Guest of Honor.

The sub, which was commissioned in 1968, is the Navy's only operational diesel-electric deep-diving research and development submarine. It has the distinction of being the only operating sub to reach a depth record of greater than 3,000 feet.

Wilde told the new recruits that he was proud "to be here at the start of your Navy careers. You will secure your future and the future of our Navy," he said. "You will develop into a cohesive team and will be highly trained Sailors in the Navy."

The commanding officer said he had previously attended a command leadership course at Great Lakes and was impressed with the program at RTC.

Sponsoring a division is a great opportunity to participate in the lives of shipmates, he noted. "It's a good chance to carry on the legacy of our boat and help Sailors know that there is a fleet out there that they're joining."

"We're hoping to send some of our people here during the training and to attend the division's graduation," the commander added.

The USS Dolphin will be decommissioned on September 22.

"We have a small crew," Eller said. "The largest number we've had on board is 52; we have 47 now."

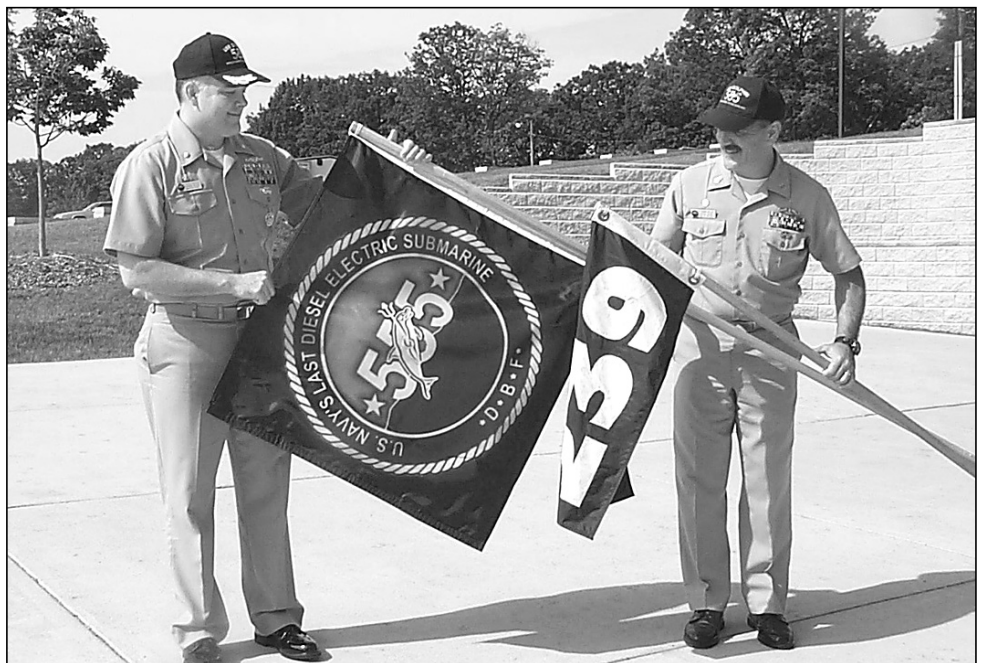
"We have a large number of enlisted personnel, he noted. "A lot of cross training goes on. Nowhere else is the senior chief corpsman standing navigational watch and serving as command duty officer in port."

All department heads and division officers are chiefs, Wilde explained. "The chiefs really run things and run them well."

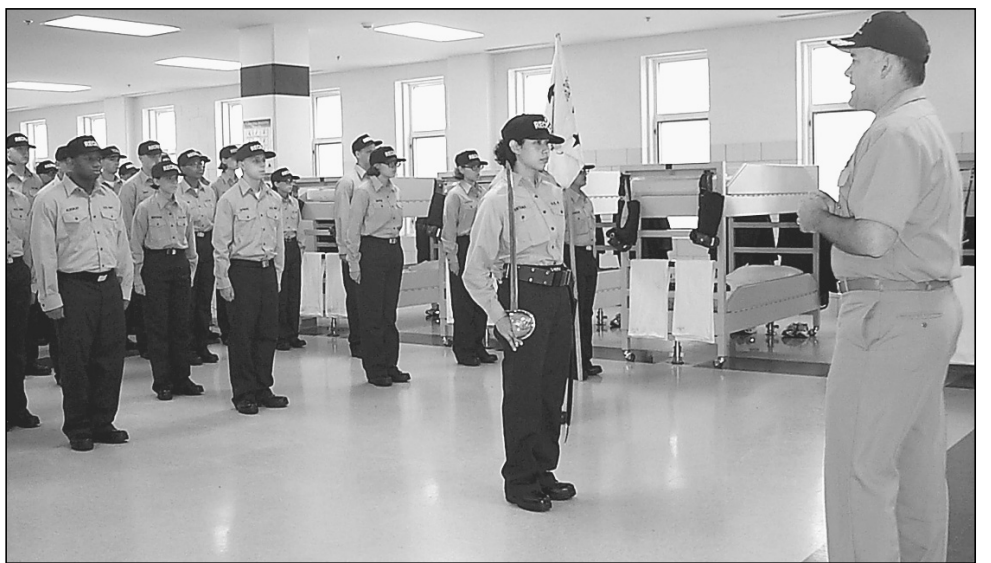
The sub, which can carry 12 tons of scientific equipment, tests equipment which will be fielded in other submarines. It was the first ship in the Navy to use e-mail underwater; it tested light-weight torpedoes, early antennas and various sonar systems, and the valve-regulated lead acid storage battery which reduces maintenance and upkeep.

"This was recently installed on a nuclear sub," Eller said. "It's more reliable. The Dolphin was also the first sub to carry reverse osmosis, making fresh water from sea water," he added.

"We do all manner of research and development," Wilde said. "We're making life easier for Sailors."



Above, Cmdr. Andrew Wilde, left, and MTCM(SS) Joseph Eller display the USS Dolphin sponsor flag and the Recruit Division 239 guidon. Below, "You carry on a proud tradition," Cmdr. Andrew Wilde told recruits whose division is being sponsored by his submarine. *Photos by Judy R. Lazarus*



USS Dolphin is moored at the Space and Naval Warfare Systems Center, Pt. Loma, Calif. *Photo courtesy of Fleet Imaging CNRSW*

# Naval Station rep addresses Cook County Sheriff's boot camp graduates

By **MCC BRUCE MOODY**  
NSTC Public Affairs

A representative from Naval Station Great Lakes addressed participants of the graduation ceremony of the Cook County Sheriff's Boot Camp on June 8.

Lt. Cmdr. Melissa Schuermann, public affairs officer for Naval Service Training Command and Navy Region Midwest, delivered the commencement address at Cook County's boot camp.

The boot camp is designed to provide non-violent offenders a strict detention program based on military discipline, fundamental vocational skills, education and alcohol/substance abuse treatment.

In her remarks, Schuermann told the class that their graduation marks an important milestone in their lives.

"To reach this day," she said, "I am well aware — took a lot of hard work and determination on your part, as well as guidance, counseling, and leadership from the boot camp staff."

"You deserve to be very proud of your achievement."

The boot camp features an eight-month long post-detention supervision program where participants must return to the Boot Camp on a daily basis to continue educational programming.

"While going through this program — you became part of something bigger than yourself," Schuermann said.

"You proved to the leadership here ... that you are willing to adhere by a code of conduct based on character and discipline."

Sally Daly, director of communications

at Cook County Sheriff's Office, said there is a great value to bringing military representatives to speak to their graduates.

"The Cook County Boot Camp curriculum places high priority on military-style training and discipline," Daly said.

"It is extremely beneficial for our graduates to hear sound advice and experience from a military representative. Lt. Cmdr. Schuermann's comments were extremely insightful and she spoke from first-hand experience."

The graduates were extremely impressed with her insight and advice."

Daly added that Cook County's boot camp values a continued relationship with Naval Station Great Lakes.

"Maintaining an ongoing relationship between the Great Lakes organization and

the Cook County Boot Camp will be extremely beneficial for both agencies," Daly said.

"The resources, training and military experience of Great Lakes provides real-life incentives for our graduates."

"We look forward to a continuing relationship."

The boot camp program is aimed at reaching and impacting younger offenders at an early stage of criminality before they develop a pattern of recidivism leading to repeat incarceration and more serious crimes against society.

The program's statistics show that it has a lasting effect on those who graduate the boot camp and complete the program.

Five years after completing the program 1,123 out of 1,260 participants remain incarceration-free.





# Viewpoint



## Readers Speak Out

This week the *Bulletin* asks its readers, “The CNO will conduct an All Hands on July 7. If you have a chance to ask him a question concerning major Navy issues, what would you ask?”



“How long do you foresee the use of IAs in the next couple of years to support the war on terrorism?”

Cmdr. Hank Roux, Jr.



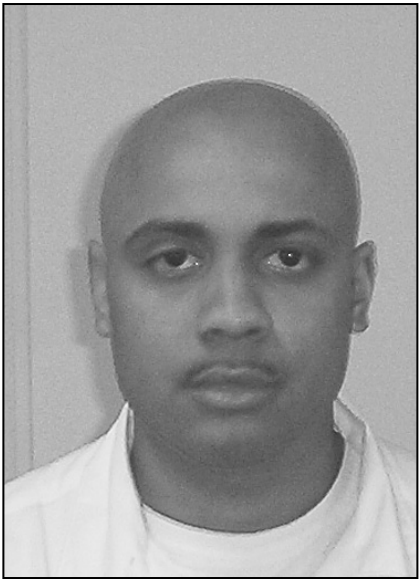
“Because we already have an enormous commitment on a world-wide basis, do you see the need for a major buildup of manpower in the Navy?”

Cmdr. Gerald Felder



“What is going to be done about the decrease in the Navy’s retention numbers?”

YN2 Sheba Ratliff



“How does he feel about deploying Sailors to Iraq?”

CS2 William Reed



“Are we going to integrate with other services? Right now Navy “grunts” are being trained with Marines. Is there talk of a merger with Army/Marines Corps?”

AO1 Besmar Warthen



“What do you see in the future of the legalman rating and, more broadly, what does the Navy gain from rating mergers?”

LN1 Richard Prather

## Vacation Bible School—the cutting edge for faith and fun!

Come join the fun, learning, and growing in faith in a non-denominational Vacation Bible School at Forrestal Village Chapel this summer! This year’s program is called “Arctic Edge,” and will be led by both the Catholic and Protestant Directors of Religious Education under chaplain oversight. We’ll be learning about what it means to be Christians with the help of some polar bears, moose, back-woods guides and other Arctic friends. Plus, find out what the secret Arctic code, “Välj älg varje helg” means!

This VBS is for children who have completed K through sixth grade. We will have the support of loads of adult staff—military, civilian contractors, and volunteers—including a licensed RN and Hospital Corpsman.

Call Forrestal Village Chapel at (847)

688-3490 to apply for a place for your child and/or to sign up as a volunteer helper. Space is on a first-come, first-served basis. We will keep a waiting list if applications exceed our capacity of 100. Note: Child care for nursery and pre-K’s is available only for children of VBS volunteer leaders. Youth who apply to be volunteer leaders must be from 14 to 18 years of age.

“Arctic Edge” Vacation Bible School will take place Monday, June 26, through Friday, June 30, from 8:15 a.m. to noon. Get there at 8 a.m. the first day to get checked in! We will have a barbecue and awards party immediately after the close of VBS on Friday.

Don’t miss the cool, Christmas-in-June summer chillin’ with Arctic Edge Vacation Bible School!



### How to reach us

Phone Numbers:

Office: (847) 688-4808

Fax: (847) 688-4945

Paul Engstrom .....paul\_bulletin@yahoo.com

Judy Lazarus .....jlazarusglakes@yahoo.com

Jim Boylan .....jboylan@nwnewsgroup.com

## Great Lakes Tykes

**Name:** Raine Thomas

**Age:** 4

**I live with:** Dad, mom and brother

**My pets are:** A dog and cat

**I help around the house by:** I clean up

**My favorite book is:** Red Riding Hood and Hulk

**My favorite cartoon is:** Vin’s Tim

**My favorite food is:** Pizza

**My favorite toy or game is:** My game with a lot of monsters in it

**My favorite color is:** Red and green

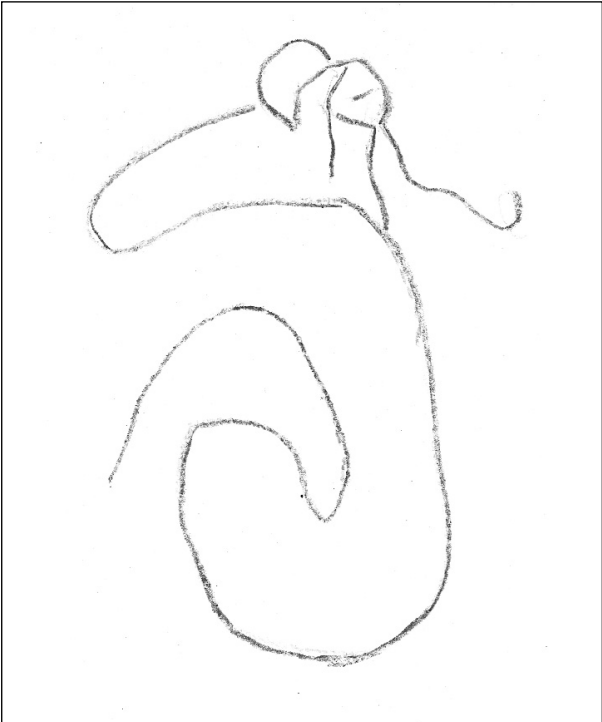
**My favorite thing to do it:** Play with my brother

**When I grow up I want to be:** A police officer

**My picture is of:** A running place for a dog where he watches TV and eats doggie bones



Raine Thomas





# Information, Tickets & Travel

## Building 400, 688-3537

Information, Tickets and Travel (ITT)  
Bldg. 400, 688-3537  
Hours of Operation  
Mon.-Fri.: 10:00 a.m.-5:00 p.m.  
Sat.: 10 a.m.-Noon  
Sun. & Holidays:  
Closed June 17 & 18

### Six Flags Great America/Hurricane Harbor Waterpark

Purchase your daily and season passes for Six Flags Great America, which includes the new Hurricane Harbor Waterpark at the ITT Office. Admission: \$38 – Adults; \$36.25 – Children (under 54"); 2-Day Pass - \$55; Season Pass - \$90 per person.

### Military Ticket Vouchers (MTV)

Through the Military Ticket Vouchers (MTV) program, ITT Offices can provide their customers discounted pre-paid admission to theatres, theme parks, museums and other attractions throughout North American. Military Ticket Vouchers can also be used to save significantly on the cost of lodging reservations at hotels and resorts throughout the U.S. Call today to for a list of attractions at 688-3537.

### MWR's Gold Card!

With built in discounts and ongoing specials, the Gold Card is a great tool for tons of savings at various MWR locations. The card also has a "scratch-off" component for instant prizes including free bowling passes, free movie passes, NEX gift certificates (\$25/\$50 and \$100) and top prizes including a round trip airline ticket! All scratch-off prizes must be redeemed at the ITT Ticket Office-Bldg. 400. How do you use the Gold Card? Keep your Gold Card with you at all times and present it at any participating MWR location and receive the specials offered – see the back of the card for special discount offers!

**June Specials ... Rynish Bowling Center:** Buy one game of bowling (reg. price) and get two games free (any day in June during normal operational hours-no planet bowl). At Ross movie theater: \$1 Movies in June for all those who present their Gold Card and preferred seating at the Sneak Preview of "Superman Returns" on Sun., June 25 (limited to the first 250 people and must be there at least 1/2 hour prior to the movie starting).

### Chicago Cubs

All July tickets cost \$52 each. The following July games are available for purchase: Sat., July 1; TBD vs CWS; Sun., July 2; 1:20 p.m. vs CWS; Sat., July 15; TBD vs NYM; Sun., July 16; 1:20 p.m. vs NYM; Tues., July 18; 7:05 p.m. vs Hou; Wed., July 19; 7:05 p.m. vs Hou; Thurs., July 27; 7:05 p.m. vs STL; Sat., July 29; TBD

vs STL; Sun., July 30; 1:20 p.m. vs STL; Mon., July 31; 7:05 p.m. vs AZ. Restrictions: Limit two tickets per person, one game per month. There is absolutely zero tolerance in the resale of ITT's tickets. When you purchase your ticket and sign your name to it, you are bound to that agreement. See posted signage for details.

### Leisure Travel Office at ITT

The MWR Department's ITT Office is pleased to announce the opening of a leisure travel operation, in cooperation with Fox World /American Express, in the ITT Office, Bldg 400 (NEX Student Store). An experienced travel agent will be available on Mondays and Wednesdays from 10 a.m.-5 p.m. to handle leisure travel needs including...

- Air travel at special Military discounts!
- Emergency and dependant travel!
- Off duty and leave (vacations)!
- Tours and cruises, many at Military discounts!

Special Military Discounts on Travel Did you know the MWR-ITT Travel Desk offers special Military Discounts for outbound travel or for those visiting Great Lakes? That's right. We have outstanding rates available with all major tour and cruise operators, and right now Carnival is offering a Family and Friends Military Special for bookings made by June 30th. You can receive up to three staterooms at the same Military rate for select sailings through December 15th. Call Fox World Travel at the MWR-ITT Travel Desk at 877-805-9157, or stop by the ITT office, Bldg 400 (NEX Student Store) on Mondays or Wednesdays from 10 a.m. – 5 p.m. An experienced travel specialist will be on hand to handle all your personal, leave and vacation travel needs!

### Noah's Ark - America's Largest Waterpark!

Residing on 70 acres in the heart of Wisconsin Dells, Noah's Ark, America's Largest Waterpark, boasts 41 waterslides, two huge wave pools, two endless rivers, four children's water play areas, Paradise Lagoon activity pool, two group amusement rides, 18-hole mini golf, three arcades, shopping, gourmet desserts and much more! Noah's Ark is continually evolving, offering the most variety of water rides anywhere in the nation. This summer is no exception with the introduction of "Time Warp" the world's largest family bowl ride. The ticket cost is only \$26 each at the ITT Office.

### Stop by the ITT Office for more information on Amtrak Services!

**Commemorative Bricks**  
Etch your name in Great Lakes'

history by purchasing a Commemorative Brick, available through the ITT Office. Bricks will be placed around the walkway to graduation at the Recruit Training Command. For more details, and/or to fill out an order form, stop by the ITT Office today!

### Welcome Lodging offers discount rates to base personnel...

Welcome Lodging of Waukegan is offering extra low rates for all base personnel-starting at \$49.99/night, which includes their fabulous breakfast bar. Quality rooms may be enjoyed at a great price and located just three miles north of the base at 619 S. Green Bay Rd. Call 847/662-3200 for reservations today! Use code \*NVGL\* when booking your reservations. [www.welcomelodging.com](http://www.welcomelodging.com)

### Holiday Inn Hotel & Suites Chicago Downtown

Now serving Great Lakes with discounted rates from \$89/Night (King or two double beds). Located on Harrison St. at Canal St., four blocks south of the METRA Kenosha North Line stop and two blocks from Amtrak/Union Station, Greyhound Terminal, and Scarlett's. Hotel features an outdoor rooftop pool & deck and Aurelio's Pizza & Lounge. Sears Tower, Greek Town, Grant Park, the Museum Campus, and the Lakefront are all minutes away. Clinton "L" stop of the CTA Blue Line is located at the base of the hotel. Offer subject to availability. Stop by the ITT Office for additional information or visit [www.hidowntown.com](http://www.hidowntown.com). For advance reservations, call 312-957-9100 and ask for the NAVY rate.

### Laugh a lot at ComedySportz in Chicago

Finally, a fun, fast-paced comedy show that's great for the whole family. It's ComedySportz, improvisational comedy played as a sport by members of the World Comedy League. Two teams battle for laughs and points as they make up scenes, games and songs on the spot. The audience votes for the winners, a referee calls the fouls and they even play the national anthem before each match. Get your tickets today at ITT for only \$15.

### ITT is now selling Navy Pier - Spirit of Chicago Harbor Cruises!

Enjoy either a dinner or a lunch cruise with a grand buffet, dancing, Broadway music and the sights of Chicago!

# ★ ROSS ★ THEATER

Movies: \$2-Adult (Military or DOD)

\$1-Child (ages 6-11), Free-Under age 6

Ross Theater is located in Bldg. 110 and is open to everyone. Children 17 years of age and under trying to gain access to a "R-Rated" movie must be accompanied by an adult.

GREAT MOVIES AT A GREAT PRICE!

Fri., June 23  
6 p.m.



## POSEIDON

PG 13~For intense prolonged sequences of disaster and peril. (100 Min.)

Fri., June 23  
8:30 p.m.



## MISSION — IMPOSSIBLE III

PG 13~For intense sequences of frenetic violence & menace, disturbing images & some sensuality. (126 Min.)

Sat., June 24  
6 p.m.



— ROBIN WILLIAMS —  

## RV

PG~For crude humor, innuendo and language. (104 Min.)

Sat., June 24  
8:30 p.m.



## Just My Luck

PG 13~For some brief sexual references. (108 Min.)

Sun., June 25  
6 p.m.

Doors open at 4:15 p.m.

★  
**FREE  
Sneak  
Preview!**  
★



PG 13~For some intense action violence.

The movie schedule is subject to change without notice.

For up-to-date information,  
call the MWR Scoop Line at 688-2110, ext. 697,

24 hours-a-day or check the web site at

[www.mwrgl.com](http://www.mwrgl.com)



# Places to dine • Places to go

## Pub 140 offers fabulous June Specials!

Back for the warm weather months ... Pub 140 offers a "Grill Your Own" menu: Steaks, Hamburgers, Salmon and Chicken Breasts!

Come and enjoy the beautiful Lake Michigan view, and pleasant atmosphere! Play Instant Win Bingo for cash prizes in Pub 140.

Karaoke Wednesdays!

Thursdays -Frozen Drink Specials (non-alcoholic) \$3

Today - All you can eat appetizers, \$6.95 per person (dine in, only); 4-8 p.m.

Fri., June 30 - "Grill Your Own" marinated kabobs. Choose from: steak \$9.95; chicken \$5.95; or shrimp \$10.95. Served with steakhouse potato salad, coleslaw and a tossed salad. From 4-9 p.m.

PUB 140's hours of operation are Wed.-Fri., 4-9 p.m. PUB 140 is open to all staff members and located in Bldg. 140. For more information, call 688-6946.



**Morale, Welfare & Recreation**



# Shipmates, family, friends celebrate Sailor’s life

By **IT-1 DARRYL HOWLETT**  
Navy Operational Support Center  
Rock Island PAQ

*“Lord, stand beside the men who build,  
And give them courage, strength, and skill.  
O’ grant them peace of heart and mind,  
And comfort loved ones left behind.  
Lord, hear our prayers for all Seabees,  
Where’er they be on land or sea.”*  
— Stanza from the Navy Hymn

GALESBURG, Ill. – Nearly 1,000 people came from all walks of life to say good-bye to a hero and friend.

Funeral services were held June 14 for Petty Officer 1st Class Gary Rovinski at the Bethel Baptist Church. The two-hour retrospective of Rovinski’s life was followed by a funeral procession, which ended at the Roseville Cemetery in Roseville, Ill.

Rovinski, 44, of Roseville, Ill., was killed in Iraq June 5 when the Humvee he was driving was hit by an improvised explosive device in the Al Anbar Province.

Rovinski enlisted in the Navy at the Navy Operational Support Center (then Navy and Marine Corps Reserve Center) Rock Island on Feb. 25, 2002. He was assigned to the Naval Mobile Construction Battalion 25, Detachment 0225. Rovinski previously served on active duty with the United States Army from 1985 to 1991, including a first tour of Iraq during Operation Desert Storm.

Rovinski deployed in January with NMCB 25, headquartered out of Fort



McCoy, Wis.

Lt. Cmdr. Scott Svoboda, commanding officer of the Navy Operational Support Center Rock Island, spoke highly of Rovinski’s character and commitment.

“Today the United States Navy honors and salutes Petty Officer Gary Rovinski – shipmate and friend,” he said. “Those who knew Gary had the most sincere respect and admiration for him. He clearly loved the Navy and especially the Seabees. It’s been

said – his priorities were to God, family, country, and fellow man, in that order. However, we all know that whenever Gary spoke one-on-one with any of us, you never doubted for a second you were his number one priority at that time. Not surprisingly, and a common thread today...his infectious smile and encouraging demeanor...is something that I will certainly miss most.”

Svoboda also reflected on Rovinski’s contributions to others. He often volunteered, along with several Seabees, on community projects such as rehabbing an apartment for homeless veterans in Davenport, Iowa and helping at the Camp Conestoga Girl Scout Camp in Dixon, Iowa.

At the support center, Rovinski washed cars and cooked pancakes to raise support for the center’s annual Navy Ball. Rovinski and his wife, Jenifer, also worked together on the Seabee Ball.

Svoboda then reminded the church audience of the uncertain times we’re living in — times that Rovinski wanted to make safer for Americans.

“We are in a difficult time, and the reality of the sacrifices and loss of military personnel are with us every day,” Svoboda said. “Just a few short weeks ago, we observed Memorial Day. And as we have for so many years, Americans gathered across the nation to honor those who have defended our freedom and preserved our peace. Today, we remember the ultimate sacrifice that Gary made – for you, for me, and for our great nation.”

During the funeral, speakers included Rovinski’s pastor, Rev. Gary Shank, pastor of the Immanuel Baptist Church in Monmouth, Ill., family friend Bill Hart, and guest speaker Illinois Lt. Gov. Pat Quinn.

Mourners also commemorated Rovinski’s life during an emotionally moving photo and music slide show presentation.

Outside the church, members of the motorcycle riders, Patriot Guard Riders, stood guard in ranks with large, American flags. Law enforcement officials also came out in full force to pay their respects to the Rovinski family.

Rovinski worked as a corrections officer at the Henry Hill Correctional Center in Galesburg. He also held degrees in studio

art and college student personnel, and served as an associate dean of students and director of residence life at Monmouth College from 1997 to 1999.

Chief Petty Officer Rick Cheeley, who served with Rovinski in NMCB 25, commented on Rovinski’s zest for life.

“He’s just a great guy,” said Cheeley. “He was just the kind of guy who would jump right in. He was enthusiastic about his job and helping others. He always seemed to make the next pay grade. I had no doubts that one day he would be leading the unit.”

Rear Admiral Robert L. Phillips, Commander, FIRST Naval Construction Div., presented Rovinski’s widow, Jenifer, with several of Rovinski’s awards.

Rovinski was awarded posthumously the Purple Heart, the Navy and Marine Corps Commendation Medal with combat “V” device, the Combat Action Ribbon, the Iraqi Campaign Medal with United States Marine Corps Eagle, Global and Anchor device; and the Seabee Combat Warfare pin.

Rovinski’s other awards earned during his career included the Navy and Marine Corps Achievement Medal (2 awards), the Army Commendation Medal, the Army Achievement Medal (2 awards), the National Defense Service Medal (2 awards), the Army Good Conduct Medal, the Navy Reserve Meritorious Service Medal, the Global War on Terrorism Service Medal, the Armed Forces Reserve Medal with “M”, the Navy Expert Rifleman Medal, and the Navy Expert Pistol Shot Medal.

After the funeral, a vehicle procession drove 30 miles south to the small community cemetery in Roseville.

Along U.S. Highways 34 and 67, and extending into the streets of Roseville, residents lined up with flags and saluted as the funeral procession went by.

The Naval Station Great Lakes Honor Guard rendered a 21-gun salute, taps, and a flag folding detail.

Rovinski leaves behind a wife, Jenifer, and two daughters, Cecilia and Michaela.

Memorials may be made to Immanuel Baptist Church or to the family for a college fund for the children located at Security Savings Bank, 220 E. Broadway, Monmouth, Ill.

## Chaplain’s Corner

### The history of history

By **CMDR. CHARLES J. ANDERSON**

The “History of History” title caught my eye. I thought it might be some sort of play on words or an exercise in semantics. However, as I read further, I discovered historians speak of past events as “the past,” and the record of past events, written, oral or artifact as “history.”

Everyone a few years of age or older has a past. The past is set and cannot be redone. But, according to historians, not everyone has a history unless he, she or others convey that story in some manner. Therefore, what is the story of our lives that we record every day and will leave for posterity? From Psalm 39 we read, “Show me, O LORD, my life’s end and the number of my days; let me know how fleeting is my life.” And, from Psalm 90, “Teach us to number our

days aright, that we may gain a heart of wisdom.” The biblical concept of numbering was to account, reckon or report, in other words, write or tell the story.

In this age of technological gadgets and amusements, it is easy to forget the power of letters to loved ones, the pleasure of passing on life principles during quiet conversational walks, and exchanging with others the polite habit of listening to one another’s stories.

The past, with its challenges, joys and sorrows, forms remarkable stories when brought forth as personal histories to pass on to, and draw out from, one another.

Perhaps you have heard it said, “Your story begins at home.” Likewise, your history begins the day you begin using your story to enrich the lives of those around you. So, go have yourself some history telling.

Worship today in  
the faith of your  
choice

## Command Religious Program Schedule

### Catholic

Sun., 9 a.m. Sunday Mass .....Bluejacket Memorial Chapel  
Sun., 10:30 a.m. Sunday Mass .....Naval Hospital All Faiths Chapel  
Sun., Noon Sunday Mass .....Forrestal Village Chapel  
Mon.-Fri., 11:45 a.m. Weekday Mass .....Bluejacket Memorial Chapel  
Sun., 10:30-11:30 a.m. CCD .....Bldg. 122  
Sun, 10:30 a.m. Catholics Seeking Christ .....Bluejacket Memorial Chapel

### Protestant

Wed., Noon Praise, Word and Worship .....Naval Hospital All Faiths Chapel  
Sun., 10:30 a.m. Contemporary Worship .....Bluejacket Memorial Chapel  
Sun., 10 a.m. Family Worship Service .....Forrestal Village Chapel

### Church of Jesus Christ of Latter Day Saints

Sun., 1:30 p.m. ....Naval Hospital All Faiths Chapel

### Liturgical Protestant

Sun., 12:15 a.m., Holy Eucharist .....Bluejacket Memorial Chapel

Anglican priests Chaplains Allen (at Forrestal) and Ray (at Bluejackets), will co-lead this service. Worship follows the forms of the Book of Common Prayer and should be familiar to most Christians of a liturgical background. Holy Communion is open to all baptized Christians who seek and recognize the presence of Christ in the Eucharist.

*Great Lakes chaplains are happy to help you find a place of worship according to your tradition and needs.*

### Chapels

- Bluejacket Memorial Chapel - Bldg. 3, NTC
- Forrestal Village Chapel - Bldg. 2630, Ohio St., Forrestal Village
- Naval Hospital All Faiths Chapel, Wing 2 South
- For More Information about any of the services or events listed in this schedule, call 688-5610



# SportScene

## Captain Cup

### Captain Cup Softball (As of June 16)

| Team                          | Record |
|-------------------------------|--------|
| CNE                           | 9-0*   |
| USS Essex –Snipes             | 5-0*   |
| Marines                       | 7-2    |
| RTC – Red Ropers              | 7-3    |
| ATT                           | 6-2    |
| NAVSTA/NSTC Gun Deckers       | 5-4*   |
| USS Mustin                    | 5-4    |
| USS Farragut                  | 4-6    |
| Naval Hospital                | 3-5    |
| Scrubs (Hosp)                 | 2-5*   |
| SN ATD – Pro Mariners         | 1-7    |
| PSD                           | 1-8    |
| MMSO                          | 0-7    |
| USS Tranquility (Hosp)        | 1-2#   |
| #combined with Naval Hospital |        |

|               |    |
|---------------|----|
| 6:30 Match    |    |
| Seed          |    |
| 4 USS COLE #2 | O  |
| 5 USS ESSEX   | 13 |

|            |    |
|------------|----|
| 14 June 06 |    |
| 5:30       |    |
| Seed       |    |
| 1 PSD      | 6  |
| 3 USS COLE | 12 |

### Championship Match

|   |    |
|---|----|
| 6:30  |    |
| Seed  |    |
| 3 USS COLE  | 13 |
| 5 USS ESSEX   | 6  |
| Congratulations to the Spring Football Champions USS Cole |    |

### Intramural Summer Basketball (As of June 16)

| Team             | Standings |
|------------------|-----------|
| CNE              | 1-0       |
| Dental Bldg 1017 | 0-1       |
| Cole Bravo       | 0-1       |
| Cole             | 1-0       |
| Cole Alpha       | 0-0       |
| Essex            | 0-0       |
| Army             | 0-1       |
| RTC              | 1-        |

### Intramural Flag Football (Non-cup) (As of June 16)

|                  |            |
|------------------|------------|
| Mon June 12      |            |
| 5:30 Match       |            |
| Seed             | Team#/Name |
| 2 North Carolina | 0          |
| 3 USS COLE       | 39         |

### 2006 Captain Cup Points (As of April 28)

| Captain Cup Points after three events (Flag Football, Basketball, Volleyball) |        |
|---|--------|
| Command   | Points |
| RTC   | 65     |
| ATT   | 35     |
| TSC   | 30     |
| Naval Clinic  | 17     |
| TPU   | 15     |
| CNE   | 10     |
| Army  | 5      |
| NRC   | 5      |
| Marines   | 5      |
| NAVFAC  | 5      |
| PSD   | 5      |
| Navy Security   | 5      |
| BEQ 832   | 5      |



## Aquanauts achievement

On June 5, 18 Webelos Scouts attending the fourth and fifth grades at Millburn School and Millburn West School spent the evening at Naval Station Great Lakes with Navy Seal candidates. Under the supervision of HM1 Brian Delaroca, the scouts completed a variety of exercises including swimming 100 yards using four basis strokes and demonstrating survival floating to earn the Webelos Aquanauts achievement. *Photo by HM1 Brian Delaroca*

## Fitness & Sports Division

Courts Plus - Bldg. 4, 688-6750; Gym 80-H, 688-7692; Fieldhouse - Bldg. 440, 688-3419; Great Lakes Fitness Center - Bldg. 2A, 688-5649

All event/league registrations and manager's meetings take place at the Fitness & Sports Office in Bldg. 440, unless otherwise noted. Turn in registration and forfeiture letters at Bldg. 440. Leagues are open to all active duty and retired military, reservists, family members with an ID and DoD employees with a valid gym membership. For additional information, call 688-3419.

### 2006 5K Races

Race entry fee is \$12 per person/race! Register at the Fieldhouse (Bldg. 440) for each race. Sign five runners up from the same command and run as a team. The team cost is \$ 55 per team/race. The first 75 runners to register for each race will receive a free gift. All races begin at Courts Plus (Bldg. 4). Schedule: June 21 at 5 p.m., Garfield Birthday 5K Race. August 3 at 5 p.m., Watermelon 5K Race. Sept. 12 at 5 p.m., Video Day 5K Race.

### Summer Slam Softball Tournament

This Softball Tournament is set for Sat., June 24. A mandatory managers meeting and registration is due on Tues., June 6 at 4 p.m.

### Aquatics

Indoor Pool, Bldg. 440, 688-7692/3419  
Water Polo Equipment Available!

For Commands looking for a new fun fitness program, water polo equipment is now available for use! For more information, please call the aquatics manager at 688-3419.

Nunn Beach's hours of operation are as follows: Thurs., Fri., Sat., Sun. and holidays, 11 a.m.-5 p.m. (weather permitting).

### Lake Bluff Pool Passes!

The Fitness and Sports Division is selling Lake Bluff Pool passes at the Fieldhouse (Bldg. 440). Tickets cost \$3.50 each, or purchase a bundle of 10 tickets for \$30. Once sales are final, there are no refunds. For further information, call 699-3419.

### Water Polo

Play Water Polo every Wednesday from 5-6 p.m., beginning mid-June. See the aquatics manager for details.

### Youth Swim Lessons

Youth Swim Lessons are scheduled in 4-week sessions on Tuesdays and Thursdays from 5-5:45 p.m. Session 1 runs from June 6-29. On June 6, swim testing and course placement/evaluation will occur. Please have students ready to begin promptly at 5 p.m. The cost per session/child is \$40, \$70 for two children, or \$100 for three children (all in the same family).

### Private Swim Lessons

Private Swim Lessons cost \$15 per class / or \$50 for 4 classes. These lessons will be arranged with the Aquatics Manager

### Pool Parties

Reserve the Indoor Pool (Bldg. 440) for your next party on either Saturday or Sunday from 3-5 p.m. The cost is \$75 for 15 children (chips and soda included). Each additional child is \$4. Participants may bring their own cake, food/drink and decorations. A party room is provided. Call the aquatics branch for full details at 688-3419.

## Liberty the Loft

Bldg. 2A, 688-2214

The Loft is located on the third floor of Bldg. 2A. The Loft is open to Active Duty Military, only (ages 17 and up), and is always alcohol and smoke free. The hours of operation are 10 a.m.-10 p.m., Mon.-Fri. and 9 a.m.-10 p.m., Sat. and Sun. Admission is free unless otherwise noted.

Mondays, June 26: Navy Idol Karaoke. 7:30 p.m.

Tuesdays, June 27: One Armed Foosball Contest. 7:30 p.m.

Wednesdays, June 28: 8-Ball Pool Tourney. 8 p.m.

Thursdays, June 29: Gamecube:

Supersmash Brothers Tourney. 7:30 p.m.  
Fridays, June 23: Friday Night Food Fight. 7 p.m. Participate in an X-Box tournament and receive free food!

June 30: Spades Tourney. 7 p.m.  
Saturdays, June 24: Skydiving Trip. \$160, includes transportation, one tandem jump and lunch.

Sundays, June 25: Early A.M. Charter Fishing Trip. Marina (Bldg. 13), \$45, includes a three-hour fishing experience and equipment on Lake Michigan - eat what you catch!

# 4th of July Celebration

NAVAL STATION GREAT LAKES

Naval Station, Great Lakes explodes with "fire cracking" fun for all ages!

## Tues., July 4

### 4-10 p.m.

## Ross Field

**Music on the Main Stage:**

- Navy Band Great Lakes-Horizon (contemporary) at 4:30 p.m.
- 89 Mojo (rock) at 6:15 p.m.
- Navy Band Great Lakes-Wind Ensemble at 8:30 p.m.

**Roving entertainment** with juggling, comedy and magic acts.

**Kidz Zone** with interactive games, contests, face painting and arts & crafts.

The "Patriot Games" with inflatable jousting, a bungee run, dunk tank, MWR's "Boot Camp" (obstacle course) and much more.

**Bingo Tent** with a chance to win fantastic prizes including a top prize of a round trip airline ticket!

**Free Movies** at Ross Theater. "Miracle" at 4:30 p.m. and "King Kong" at 7 p.m.

Hungry or thirsty? Enjoy a variety of mouth-watering festival fare at our **food tent**.

At 9:30 p.m., a **SPECTACULAR Fireworks Display** (sponsored in part by Home Depot\*).

This event is open to all those with base access. It is not open to the general public. Carry-in's (alcoholic beverages or fireworks) are not permitted, which will be strictly enforced.

For more information, call 688-2110, ext. #484, or check out our web site at [www.mwrgl.com](http://www.mwrgl.com).

MWR would like to thank the following sponsors\* for their support:

\*Neither the Department of Defense nor the U.S. Navy officially endorse or recommend these sponsors' products or services.



# Past Middle East campaigns can prevent future mistakes

Reviewed by LT. CMDR. YOUSSEF H. ABOUL-ENEIN  
MSC, USN

*Hell in the Holy Land: World War I in the Middle-East* by David Woodward. University Press of Kentucky, 663 South Limestone Street, Lexington, Kentucky 40508-4008 (www.kentuckypress.com). 209 pages, 2006.

The 2002 War in Afghanistan and 2003 War in Iraq are already shaping the culture, doctrine and emphasis of the United States armed forces. This is why it is vital to rediscover past campaigns of the Middle East as a means of understanding not only history but to gain an appreciation for the complex logistics, battle planning and post-conflict management performed by previous armies that have fought in the region.

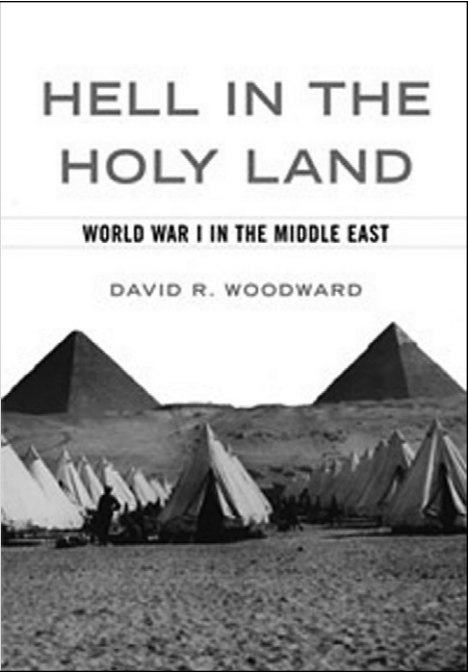
David Woodward is a professor of modern European and Russian history and the author of four books. His fifth book looks at the First World War's Middle-Easter Theater, and examines how British and French forces fought German and Ottoman units in the Middle East for control of such strategic locations as the Suez Canal.

In 1916, Egypt contained the largest British base outside Europe and perhaps the most important operational objective was to deny Ottoman forces control of the Suez Canal, the lifeline to British colonies in Asia, East Africa and of course India.

Woodward details the location of four British divisions reinforced by one to two brigades and divided into four sectors along the Suez Canal.

Study this map and examine the deployment of Egypt's 2nd and 3rd Army along the Suez Canal. Some 60 years later in 1973, comparisons between the two can be identified. Supporting this 1916 force is what the British called the Egyptian Expeditionary Force (EEF), legions of Egyptian laborers organized into the Egyptian Labor Corps.

Initially British military planners did not wish to use Egyptian labor, but the reality was they were absolutely necessary to sustain the fighting force along the Suez, in the Sinai and finally into El-Arish along the Egyptian and Palestinian border. British military regulations forbade the abuse of Egyptian laborers but this rule was ignored as a matter of course, even to the point of General Edmund Allenby petitioning London arguing that the lash was necessary for maintaining discipline in the Egyptian Labor Corps.



The book discusses the problems of maintaining a large field army in the Middle East, from the sanitation and health problems of troops on leave in Egypt's major urban centers to sustaining the EEF through to Gaza.

Camels, rail lines and motorized transport become valuable commodities for both Ottoman and British forces fighting in Sinai and the Levant. Tactics such as using lanterns to mark desert trails at night and covering zinc water tanks with blankets to prevent detection by the glint of sunlight are discussed.

On the march towards Damascus, the guerilla tactics made famous by T. E. Lawrence tied down Turkish divisions that could have been used to harass Allenby's main effort from Jerusalem to Syria, but despite the unconventional use of Arab tribesmen, there were long periods of trench (static) warfare in Palestine between Ottoman and British forces.

Woodward's book is an excellent read and should be of interest to those wanting to acquire knowledge of warfare in the Middle East.

*Editor's Note: Lt. Cmdr. Aboul-Enein is a Middle East Policy Advisor at the Office of the Secretary of Defense for International Security Affairs. He is author of an essay entitled, The First World War Mesopotamian Campaigns: Military Lessons on Iraqi Ground Warfare, which appeared in the June 2005 edition of the Naval Postgraduate School Journal Strategic Insights.*



## Your “Home Away From Home” For current program info see Web site:

**[www.uso.org/Illinois](http://www.uso.org/Illinois)**

Your USO Great Lakes “Home Away From Home” Has So Much to Offer!.  
Six computers with Internet, printers and fax (\$1 per hr)  
A library with books and magazines you can take with you! FREE  
Quiet study rooms large enough for groups.  
Big screen movie rooms with all the latest movies. FREE!  
Four Pool tables FREE!  
A Music Room with guitars, drum set, keyboard and amps. FREE!  
Art Room loaded with art supplies. FREE!  
Play station 2, N-64 and X-Box with all the latest games. FREE!  
NO DOUGH DINNER/KARAOKE! We feed you the night before payday!  
Don't forget “No-Dough” dinner the night before each payday at 5:30 p.m.

### NAVY PIER TICKET INFORMATION

The Standard I-Max tickets: Regular price \$10.50. USO Price is \$5.  
Standard tickets cover the 50-minute, 3-D movie.  
Tickets are available for purchase at the Navy Pier USO.  
The Premier I-Max Tickets: Regular price \$14.50. USO Price is \$8.  
Premier tickets cover full-length movies and are available for purchase at the Navy Pier USO.  
The 3-D Thrill Ride offers discounts when presenting a military ID.  
The Sea Dog offers discounts when presenting a military ID.  
The Shoreline Water taxi is free for military in uniform.  
The Tall Ship Windy offers free rides to military in Uniform.

*For information on all USO, special events go to [www.uso.org/Illinois](http://www.uso.org/Illinois) and click on link to Special Events or the link for the Calendar of Events. The Great Lakes USO is Located in Building 27 on the Great Lakes Naval Station near the Front Gate. The hours of operation for center usage are Monday-Friday 1500-2100 and Saturday and Sunday 1100-2100. The USO is open Monday – Friday from 0800-1500 for outreach programs, ticket programs, and general assistance. For any questions or comments, call (847) 688-5591. Serving Our Troops Since 1941: The mission of the Corporation is to enhance the quality of life of the U.S. Armed Forces personnel and their families and to create a cooperative relationship between U.S. military communities and involved or supporting civilian communities.*

# Red, White and Blue food drive taking donations

The Bluejacket Memorial Chapel is sponsoring a Red, White & Blue ‘Holiday’ Food Drive until July 4. They are asking for donations of non-perishable food items, which can be dropped off at two locations on the naval station.

The food drive began four years ago by Rick “Coach” Pearce, who works at the Fitness Center in Building 2A. He has coached basketball at Warren Township High School in Gurnee for the past 25 years.

“Through my involvement and commitment to my students, I have a better understanding of the depth of the needs of many Lake County residents. I saw a lot of

hunger and I strongly believe that no one, especially children should ever have to go to bed hungry and to be able to help families in need is our combined goal,” said Pearce.

They are asking for non-perishables such as canned food or anything that will not spoil, but will not be able to accept cash donations. Drop offs can be made at the Fitness Center, Bldg. 2A or at the Bluejacket Memorial Chapel. Food will be distributed to active and retired military or any other persons in need, through local shelters and places of worship. For further information please contact Pearce at (847) 688-5649.

## There is “A Safe Place” for battered women ...

Call (847) 356-0994



# TOP \$\$\$\$ PAID

## AT ABLE PAWN SHOP

60 DAY RENEWABLE LOANS ON ANYTHING OF VALUE

INSTANT CASH LOANS

Open Mon-Sat 10am

INSTANT CASH LOANS

1532 BELVIDERE RD. • WAUKEGAN  
(BETWEEN JACKSON & LEWIS)

TOLL FREE 1-800-640-7296

# FATHER'S RIGHTS!

- Co-Authored the Illinois Joint Custody Law
- Recognized as a Leading Family Law & Trial Attorney
- Fathers, Families & Public Policy Task Force Member
- Award Recipient for Support of the National Defense

Attorney Jeffery M. Leving

312-807-3990

[www.dadsrights.com](http://www.dadsrights.com)



# Culinary specialist students cook away in new facility



Instructor CS1 (SS) Charles Lacey uses a ladle to spread thousand-island dressing onto the baked cod, while a student looks on.



CS "A" School instructor CS1 (SS) Charles Lacey (on the left) conducts a lesson in culinary presentation by adding garnish to the fried chicken dish.



Culinary Creativity: Decorating a platter with cantaloupe.



Students carve the roast beef.



Students arrange a vegetable platter.



After cooking for three hours, students finally get to taste what they've cooked in the dining room.

It's amazing what can be accomplished in the kitchen. Given three hours, raw ingredients and a variety of spices, Culinary Specialist (CS) students attending "A" School at Center for Service Support Learning Site, Great Lakes, whipped up a lunch that would make any chef proud.

Baked cod coated in lemon juice, paprika and parsley topped with thousand-island dressing and corn flake crumbs; pot roast, southern fried chicken, parsley-buttered potatoes, asparagus and succotash with corn and lima beans. Then for desert — a selection of pies including cherry, blueberry, apple and lemon, a yellow cake with cherry filling and butter cream frosting topped with colorful sprinkles and an assortment of swirled cinnamon rolls.

Students at the new CS "A" School, now in its third month of operation at Great Lakes since relocating from Lackland Air Force Base in San Antonio, Texas, are making the most of the new training facility, which features a food preparation galley, bakeshop, scullery and dining area. The previous training facility at Lackland was shared between the Navy and Air Force.

In four weeks, CS students whiz through the curriculum, which is divided into two weeks of computer-based theory and two weeks of cooking. Each class comprises 30 students.

After mastering the essentials of cooking theoretically in the first two weeks, covering sanitation, nutrition, supervision and measurement conversion, students spend one week in the preparation food galley, where they cook a variety of meals similar to those that they will cook in the fleet and one week in the bakeshop, where they experiment with sugar, flour and even culinary design.

"Baking is a science," explains instructor CS1 (SW/AW) Christopher Moore, while demonstrating to students the best way of rolling sprinkles onto the sides of the icing on the yellow cake.

Moore said it's essential to follow the recipe precisely, because one minor adjustment to the ingredients changes the outcome of the baked good.

According to CSCS (SW/AW) Stanley Oden, officer-in-charge, there are 1,500 recipes used in the fleet that have been revised as of 2004.

"We use between 100 to 150 recipe cards, which

cover a range of different recipes they'll encounter in the fleet," said Oden.

For the two weeks of cooking training, students dedicate eight hours a day, six days a week, to mastering the ins and outs of the culinary rating. They prepare breakfast in the morning and lunch a little later on, which they get to enjoy in the dining room afterwards.

Cooking can be considered a science, an art or a necessity, but for each of the CS students it also appears to be a passion.

Seaman Jimmy Bishop, 20, from St. Louis, Mo. said his inspiration for cooking stems from helping his parents at their family owned restaurant.

"My favorite thing to cook is steak and rolls," he said. In the bakeshop the CS students bake their own bread, including a variety of rolls.

Seaman Recruit Nick Hughes, 18, from Mount Shasta, Calif. said he used to watch his mom in the kitchen.

"I just like to cook," he sums up.



The work has been done, now it's time to eat! CS students get to eat what they've cooked at the end of each cooking session.



Students finish up the dishes after lunch has been finished. Sanitation, one of the main topics covered in training, is emphasized before and after every cooking session.

Story by Eva Kowalski  
Photos by Matt Mogle  
TSC Public Affairs